

lundi			mardi			mercredi			jeudi			vendredi			samedi	dimanche		
Shallow	Mid	Dive	Shallow	Mid	Dive	Shallow	Mid	Dive	Shallow	Mid	Dive	Shallow	Mid	Dive				
Early Bird Adult Lap Swim 7h - 8h												Staff Training 10h-12h			Rec Swim 12h-20h		Rec Swim 12h-20h	
Synchro 8h-9h			Synchro 8h-9h			Synchro 8h-9h			Synchro 8h-9h									
Swimming Lessons 9h - 11h																		
Swim Team 11+ 10h-10h45			Swim Team 11+ 10h-10h45			Swim Team 11+ 10h-10h45			Swim Team 11+ 10h-10h45									
JJ 11h	Swim Team 10- 10h45-11h30		JJ 11h	Swim Team 10- 10h45-11h30		JJ 11h	Swim Team 10- 10h45-11h30		JJ 11h	Swim Team 10- 10h45-11h30								
Aquafit 11h30 - 12h15		Diving 11h30	Aquafit 11h30 - 12h15		Diving 11h30	Aquafit 11h30 - 12h15		Diving 11h30	Aquafit 11h30 - 12h15		Diving 11h30							
Waterpolo 12h15			Waterpolo 12h15			Waterpolo 12h15			Waterpolo 12h15			Maintenance & Meetings						
Synchro 13h			Synchro 13h			Synchro 13h			Synchro 13h			Free Swim 13h Extra Team Practices if required						
Camp Swim 14h Free Swim 14h-16h			Camp Swim 14h Free Swim 14h-16h			Camp Swim 14h Free Swim 14h-16h			Camp Swim 14h Free Swim 14h-16h			Camp Swim 14h Free Swim 13h-16h						
Rec Swim 16h-21h  Lessons 17h - 18h			Rec Swim 16h-21h  Lessons 17h - 18h			Rec Swim 16h-21h  Lessons 17h - 18h			Rec Swim 16h-21h  Lessons 17h - 18h			Rec Swim 16h-21h						
			Masters 18h						Masters 18h									
												Adult Laps 18h30						